



## **Pine Lake Marina, Swartvlei**

### **S. A. Sailing Youth National Sailing Championship 2012**

#### **All Accepted Classes**

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Sanctioned 17 July 2012

#### **SAILING INSTRUCTIONS**

##### **1. RULES**

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) 2009-12.**
- 1.2 The following prescriptions of the South African National Authority apply: **The South African Sailing (SAS) Requirements for National Championships**
- 1.3 **The Equipment Rules of Sailing (ERS) 2009-12 and all Class Rules** will apply.

##### **2. NOTICE TO COMPETITORS**

Notices to competitors will be posted on the official notice board located at Regatta Centre.

##### **3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.
- 3.2 Team Racing may take place at the discretion of the Sailing Committee on any of the Racing days (except the final day) subject to a Notice to this effect being placed on the Notice Board before 09:00 on the day Team Racing will take place.

##### **4. SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on a flagpole outside the sailing centre.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP.

## 5. SCHEDULE OF RACES

Date	Day	Sailing Times	Activity
8 December	Saturday	11:00 to 17:00	Registration, Measurement & Inspection
9 December	Sunday	09:00 to 16:00 14:00 18:00	Registration, Measurement & Inspection Tune Up Race Opening Ceremony
10 December	Monday	Warning signal of 1st race: 11:00	Start of Nationals
11 December	Tuesday		Racing
12 December	Wednesday		Racing
13 December	Thursday		Racing
14 December	Friday	No race shall start after 14:00	Racing. Prize Giving Ceremony – time will be announced after the last race.

- 5.1 The scheduled time of the Warning Signal for the first race each day is 09:55
- 5.2 To alert boats that a race or sequence of races will begin soon, Flag "L" will be displayed before a Warning Signal is displayed, unless Flag "AP" (postponement) is flying. The Warning Signal will be made 1 minute after Flag "L" is lowered with a sound signal.
- 5.3 On the last day of the regatta no Warning Signal will be made after 14:00

## 6. CLASS FLAGS

**Class flags will be as follows:**

CLASS	FLAG
Optimist	Red Insignia on white background
Dabchick	Yellow Class Flag with black insignia
Mirror	Red Class Flag with black insignia
Laser 4.7	Red Laser insignia on Yellow background
Laser Radial	Red Laser insignia on Green background
420	White Class Flag with red insignia
RS Tera	RS Tera Class Flag
Hobie 16	Pink flag bearing the Hobie insignia
Hobie Dragoon	Blue flag bearing the Hobie Insignia

## **7. RACING AREAS**

- 7.1 Courses will be set on Swartvlei Lagoon, with the nearby Island Lake as an extra sailing area if required.

## **8. THE COURSES**

- 8.1 The diagrams in Addendum A, B and C show the courses to be used.
- 8.2 The Optimist and RS Tera Classes course shall be the Trapezoidal Course. See Course No 1 below.
- 8.3 The 420, Laser Radial, Laser 4.7, Dabchick Classes shall sail Course No 2 below.
- 8.4 Catamarans shall sail course 3. Dependent on wind strength, additional loops may be added to this course. The course to be sailed (no. of loops) shall be displayed on a board on the start boat prior to the warning signal of the next race.
- 8.5 All marks shall be left to Port.
- 8.6 The Race Committee will endeavor to lay courses that should take leading competitors approximately 40 to 45 minutes to complete. No protest will be considered if this is not achieved.

## **9. MARKS**

- 9.1 Marks 1, 2, 3 will be Yellow
- 9.2 New marks, as provided in instruction 12.1, will be red.
- 9.3 The starting and finishing marks will be red
- 9.4 A Race Committee boat signaling a change of a leg of the course is a mark as provided for in Paragraph 13.

## **10. THE START**

- 10.1 Races will be started by using RRS 26 with the Warning Signal given 5 minutes before the starting signal.
- 10.2 The starting line will be between a mast flying an orange flag on the committee boat and a nearby red mark.
- 10.3 Boats who's Warning Signal has not been made shall avoid the starting area.
- 10.4 A boat starting later than four minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.

## **11. CHANGE OF THE NEXT LEG OF THE COURSE**

- 11.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2 Except at a gate, boats shall pass between the Race Committee boat signaling the change of the next leg and the nearby mark, leaving the mark to (port) and the Race Committee boat to starboard. This changes RRS 28.1.
- 11.3 The direction of the changed leg shall be indicated according to by RRS 33(a)(2)

## **12. THE FINISH**

The finishing line will be between a mast displaying a blue flag on the Committee Boat at the starboard end and a red mark for all courses.

## **13. SHORTENING COURSE**

Should the Race Committee shorten course, the finishing line will be at a rounding mark, between the mark and a staff displaying Code Flag "S"

## **14. PENALTY SYSTEM**

16.1 Rule 44.1 is changed such that, for multihull classes only, the two turn penalty is replaced with a one turn penalty.

16.2 A boat that has taken a penalty or retired shall complete an acknowledgement form at the Race Office within the protest time limit.

## **15. TIME LIMITS**

Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

## **16. NATIONAL CHAMPIONSHIP REQUIREMENTS**

In order to qualify as a National Class Championship the following criteria shall be satisfied:

- A minimum of ten valid entries have been received no later than the closing time for entries.
- At least ten finishes in any two races of the series;
- At least four races completed.
- The class must be recognized as a SAS-affiliated National Class per the SAS Constitution

## **17. PROTESTS AND REQUESTS FOR REDRESS**

17.1 Competitors intending to lodge a protest shall inform the finishing committee boat accordingly at the finish of the race concerned. This amends rule 61.1(a)

17.2 Protest forms are available at the Race Office. Protest shall be delivered there within the protest time limit.

17.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the Race Committee and Protest Committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2

17.4 Notices will be posted as soon as possible after the end of the protest time limit to inform competitors of hearings and times thereof in which they are parties or named as witnesses. Hearings will be held in the jury room, located in the Sailing Centre.

17.5 Notices of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

17.6 A list of boats that have acknowledged breaking RRS 42 will be posted before the protest time limit.

17.6 On the last day of the regatta a request for reopening a hearing shall be delivered.

- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- (b) no later than 30 minutes after the requesting party was informed of the decision that day.

This changes RRS 66.

- 17.7 On the last day of the regatta a request for redress from a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

## **18. SCORING**

- 18.1 The Low Point scoring system of Appendix A will apply.
- 18.2 Four races are required to be completed to constitute a series.
- 18.3
- (a) When fewer than 5 races have been completed, a boats series score will be the total of her race scores.
  - (b) When from 5 to 9 races have been completed, a boats series score will be the total of her race scores excluding her worst score.
  - (c) When 10 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.

## **19. SAFETY REGULATIONS**

- 19.1 A boat that retires from a race shall notify the Race Committee as soon as possible.
- 19.2 Yachts shall comply with their class buoyancy and safety requirements.
- 19.3 All competitors shall wear a personal buoyancy aid capable of supporting a 5 kg steel weight at all times while afloat in a yacht.
- 19.4 Wet or Dry suits do not constitute adequate buoyancy!

## **20. REPLACEMENT OF CREW OR EQUIPMENT**

- 20.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made in writing to the Committee at the first reasonable opportunity.

## **21. EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat can be instructed by a Race Committee Measurer to proceed immediately after the completion of a race to a designated area for inspection.

## **22. SUPPORT BOATS**

- 22.1 Team leaders, coaches and other support personnel shall stay 150 meters outside areas where boats are racing from the time of the Preparatory Signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment. Non-compliance with this rule may lead to action under RRS 69.
- 22.2 Support boats shall be marked with a self supplied white flag no less than 60 X 40 cm in size.

## **23. TRASH DISPOSAL**

Boats shall not discard trash in the water. Trash may be placed aboard support and Race Committee boats.

## **24. RADIO COMMUNICATION**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **25. PRIZES**

Prizes will be awarded as detailed in the Notice of Race.

## **26. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk; see RRS 4, Decision to Race. The Organising Authority, nor any of its personnel, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **27. INSURANCE**

Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event.

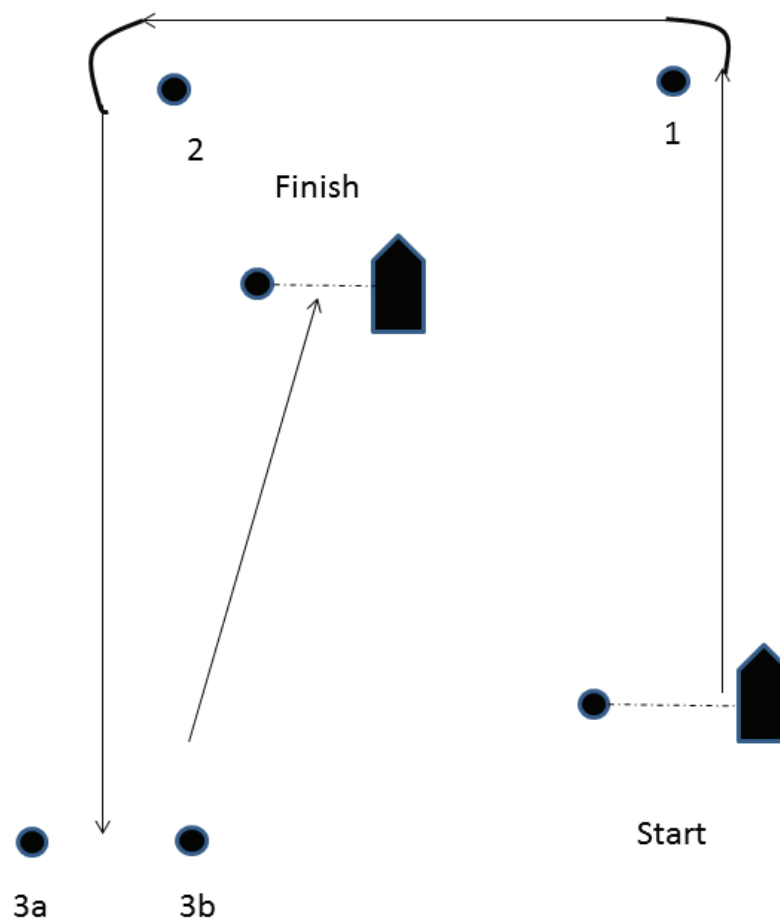
**SEE COURSE ADDENDUM BELOW!!**

# Addendum A

## Course 1

**Optimist Class: (Start) – 1 – 2 – 3a / 3b – Finish**

**Tera Class : (Start) – 1 – 2 – 3a / 3b – 2 – 3a / 3b - Finish**

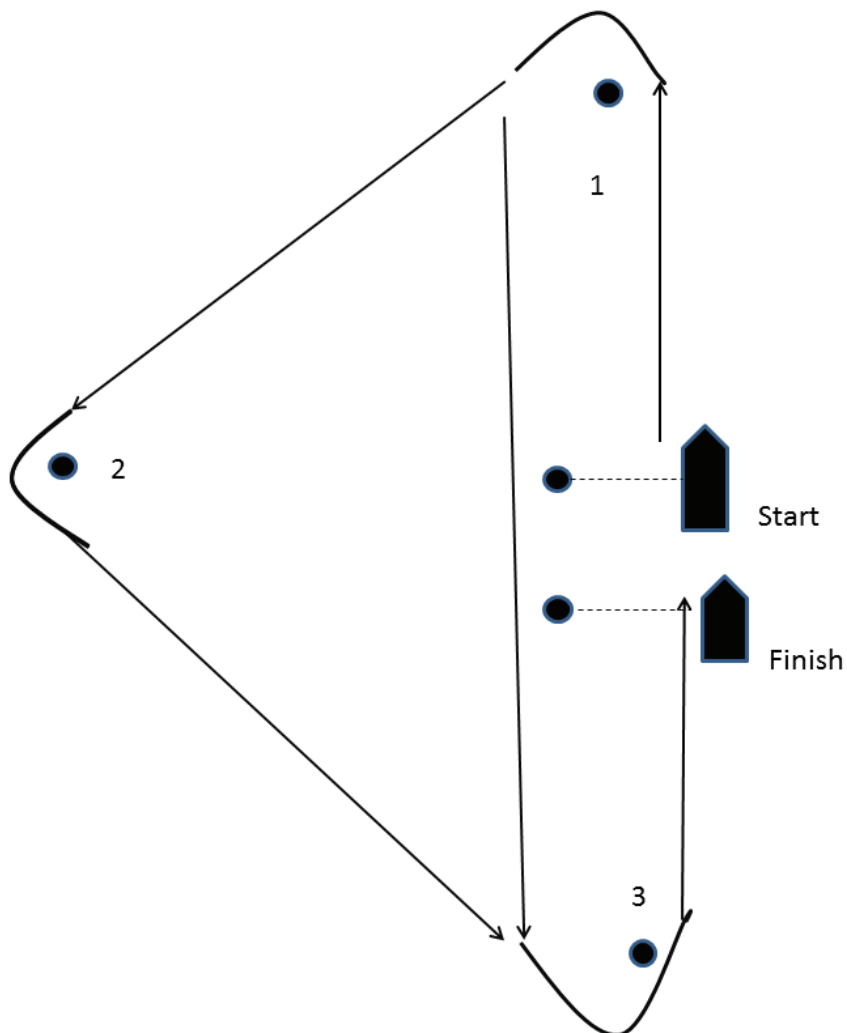


## Addendum B

### Course 2

All classes (except Mirror): (Start) – 1 – 2 – 3 – 1 – 3 – 1 – 2 – 3 – Finish

Mirror Class : (Start) – 1 – 2 – 3 – 1 – 3 – Finish





## Addendum C

### Course 3

Windward / Leeward Course

Course WL 1: S - 1- 2 -F

Course WL2: S- 1 -2 - 1 - 2- F

Course WL3: S - -1 - 2 - 1 - 2 - 1 -2 - F

